



VIRTUE_{RF}

What to expect after your treatment.



Advanced Dermatology & Skin Care Centre

A FOREFRONT DERMATOLOGY PRACTICE

Congratulations on completing your Virtue
Radiofrequency (RF) Microneedling procedure.
Here are your post-care instructions:



CLEANSING



Cold water may be used for the 1st day post treatment. After day 1, it is important to maintain clean skin. Be sure to use a simple and gentle cleanser. Do not use excessive pressure when washing. Talk to your provider about the products they recommend for you.

SUN EXPOSURE / SPF + MAKE-UP



Avoid direct sun exposure for at least **3 days**. Should you be outdoors, you can apply a SPF starting **24 hours** post treatment. In addition, you may apply makeup **24 hours** post treatment - just make sure to cleanse accordingly.



EXERCISE



Avoid exercise and increasing your heart rate for **1 - 3 days** post treatment, and per your clinician's direction.

SKINCARE REGIMEN



To ensure optimal results from your treatment, your provider will consult with you on best skincare products and practices post treatment.



THE VIRTUE_{RF} DIFFERENCE

The Virtue_{RF} is designed to minimize social downtime. The skin may appear red for a few hours but the exclusive post-care regimen works to soothe the skin so most will only notice a post-treatment glow.

You may experience the following post-treatment which is normal

- Minimal Pinpoint Bleeding
- Mild redness
- Minimal swelling
- Mild discomfort
- Tingling sensation from anesthetic cream
- Warmth and heat from RF energy
- Sensation of a sunburn

SCHEDULE

Your next Virtue_{RF} treatment can be scheduled in 4-6 weeks. The recommendation is four sessions and then a maintenance treatment every six months. Your provider can discuss a custom plan to meet your treatment goals.

PHOTOS + REVIEWS + REFERRALS

Share your after photos and/or a testimonial with your provider. Ask about where you might leave a review and what rewards are in place for providing a referral.

Lastly, share your experience with your social community! Don't forget to use #virtuerf on any social posts.

