



To make the most of your DeepRF treatment and promote healing, the following post-care steps are recommended. Always talk to your provider about any questions and concerns that arise.

### APPLY FIRMING BODY LOTION

Gently massage the treated area with the Firming Body Lotion. Use the lotion twice a day in between treatment sessions. At the conclusion of your sessions, use the Firming Body Lotion until any micro-scabs have resolved.

### DO NOT DISTURB

It is common for micro-scabs to form at the treatment site. These are a part of the healing process and should be left to disappear on their own.

### ADJUSTMENTS TO YOUR DAILY ROUTINE

- Use a gentle cleanser and cool water to keep the skin clean
- Avoid sun-exposure and always use SPF
- Avoid strenuous exercise for 1-3 days
- Ask your provider when to resume your skincare regimen and any products to avoid