



## Pre-Operative Instructions

- You have been scheduled for Mohs surgery. There are several things you need to do to prepare for the surgery.
- Avoid anti-inflammatory medications two weeks prior to surgery. (For example: Advil, Aleve, AlkaSeltzer, Anacin, Bufferin, Cliniril, Emprin, Equagesic, Excedrin, Fiorinal, Ibuprofen, Naprosyn, Norgesic, Nuprin, Percodan, Trilisate, Vitamin E, Fish Oil, Garlic, Ginko Biloba) Take Tylenol for pain relief if needed.
- If you take Coumadin, Plavix, aspirin or another prescription blood thinner, we recommend you stay on that medication unless otherwise suggested by the prescribing physician. **DO NOT STOP THESE MEDICATIONS ON YOUR OWN.**
- Avoid alcohol for 24 hours prior to surgery, and do not smoke or chew tobacco 24 hours prior to surgery or after surgery, as this will interfere with healing.
- On the morning of surgery, wash well the area you are to have surgery with an antibacterial soap such as Dial. Eat a good breakfast and take all daily medications. Bring any medications that need to be taken throughout the day.
- If surgery involves your face, **DO NOT** apply any cosmetics/makeup.
- Be prepared to spend the entire day at our office. We process your tissue in our office lab, which takes at least 1 hour. If the tissue shows cancer extending through the margin, a second portion of the tissue will be taken. This process continues until all of the cancer has been removed. Once the margins are clear of cancer, the doctor will repair the defect.
- We are happy to provide beverages and snacks in our lobby while you wait, but you may need to bring a lunch in case you stay through the afternoon.

Main Office Location  
580 Providence Park Dr E ♦ Mobile, Alabama 36695  
♦ (251) 631-3570 ♦ Fax: (251) 631-3572

- DUE TO THE LIMITED AMOUNT OF SPACE IN OUR WAITING AREA, PLEASE BRING ONLY “1” FAMILY MEMBER/DRIVER. We appreciate your understanding of this request.
- If you notice a significant increase in the size of the cancer between the time we see you and the scheduled date for surgery, please call our office as we may need to re-evaluate you and possibly schedule surgery sooner.

# Thank You

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